

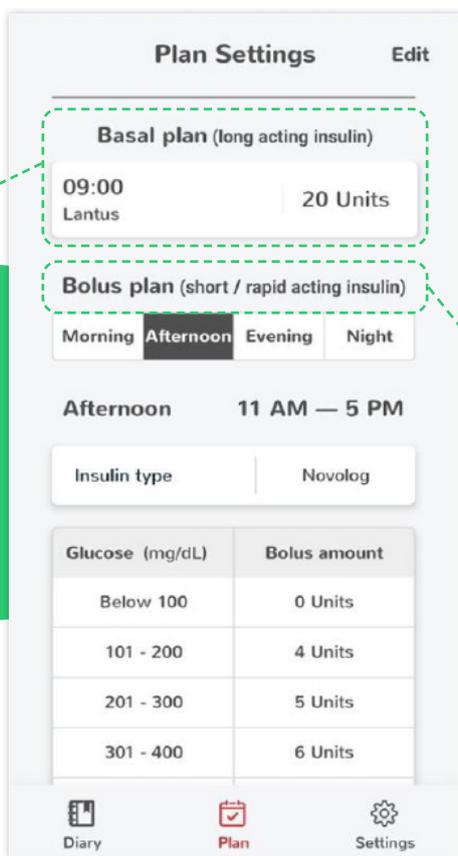
# Understanding Your Treatment Plan - For Sliding Scale

A guide to understanding and changing your treatment plan

When your healthcare provider signs you up for Advisor Pro they will enter your treatment plan which you will be able to view in your DreaMed Diary mobile app. Use this guide to learn how to view your current plan, edit it if necessary, and view new plans shared by your healthcare provider.

To view your current treatment plan tap on the Plan icon  at the bottom of the screen.

**Basal Plan (long acting insulin)**  
In this section you can see your daily long acting insulin injection plan, this includes type of insulin, time of injection, and amount of insulin to deliver.



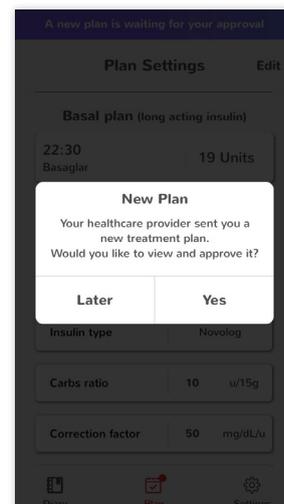
**Bolus Plan (short / rapid acting insulin)**  
The bolus plan is divided into 4 periods of the day: Morning, Afternoon, Evening, and Night. You can view each plan by tapping on the period. Each period includes the Insulin type and the sliding scale table. To use this table, check your glucose level before your meal, identify the correct table according to the time of day, find the row that indicates the glucose range that your glucose value falls within, and inject the corresponding units of insulin.

# Viewing a New Treatment Plan

1

When your healthcare provider sends you a new treatment plan recommendation, a **New Plan** alert will be displayed next time you enter your Diary app or when you enter the **Plan** screen in the Diary app.

Tap **Yes** to review the plan now or tap **Later** to review it at another time. If you tap **Later** a purple bar will appear across the top of the screen to indicate that a new plan is waiting for your review and approval. When you're ready to view the plan, tap on the purple bar.



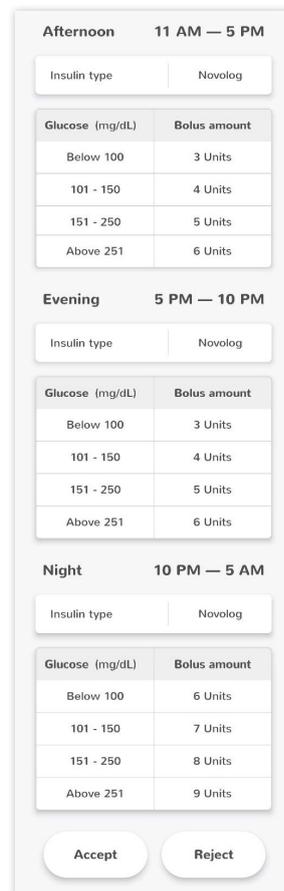
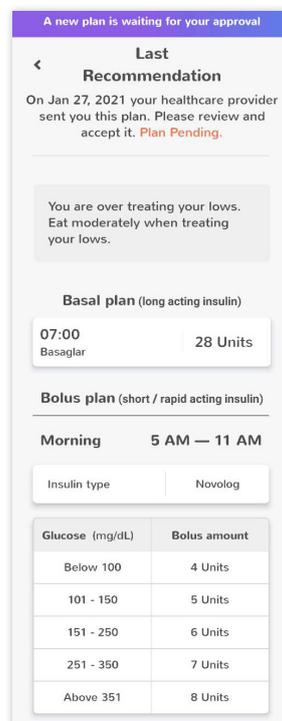
2

When clicking **Yes** you will be directed to review the pending recommendation.

Below the date you will see a textual message from your healthcare provider.

Next you will see the recommended Basal (long acting insulin) plan and Bolus plan.

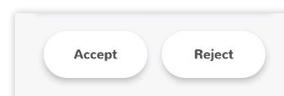
Scroll down to view the Bolus plan for each period of the day: **Morning, Afternoon, Evening, and Night.**



3

After reviewing the entire plan, at the bottom of the screen, tap **Accept** to approve the plan and save it in your settings, or tap **Reject** to reject the plan. You can always accept the plan and then edit it (see below how to edit your plan).

\*Your healthcare provider will **not** be notified of your decision to accept or reject the plan.



# Editing Your Treatment Plan

You can edit your treatment plan by tapping on the plan icon  and then tap on **Edit** on the top right corner.



## WARNING

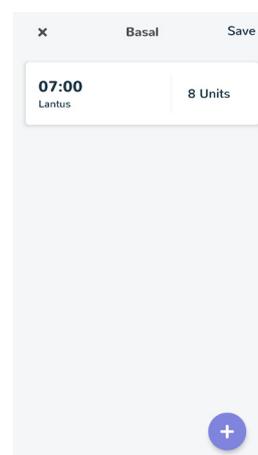
Treatment plan settings affect your daily dosages. You should talk to your health care provider before making any changes.

## Changing Basal Settings

1 To modify your basal settings tap on the **Basal Plan**.

2 Tap the line specifying the time and insulin type you wish to edit or tap  to add a new injection.

**Note:** you may enter up to 2 basal injections.



3 Change the time, amount, and/or insulin type according to your provider's recommendations.

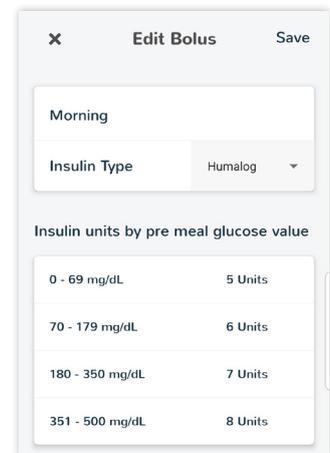
4 Then tap **Done**

5 Accept the final change by tapping **Save**

# Changing Bolus Settings

1 Tap the time period you wish to modify (morning, afternoon, evening, night)

2 Your current plan will appear here. To change any part of the scale, tap the row you would like to modify.



The screenshot shows the 'Edit Bolus' screen with a title bar containing a close button (X), the title 'Edit Bolus', and a 'Save' button. Below the title bar, there is a section for 'Morning' with an 'Insulin Type' dropdown menu set to 'Humalog'. Underneath is a table titled 'Insulin units by pre meal glucose value' with four rows of glucose ranges and corresponding bolus amounts.

| Insulin units by pre meal glucose value |         |
|---|---------|
| 0 - 69 mg/dL                            | 5 Units |
| 70 - 179 mg/dL                          | 6 Units |
| 180 - 350 mg/dL                         | 7 Units |
| 351 - 500 mg/dL                         | 8 Units |

3 Enter the correct glucose range: From (low glucose value)  
To (high glucose value) and the bolus amount for each range.

4 Tap **Done** on the top right corner. To modify additional rows repeat from step 2

5 If needed, you may add additional rows by tapping the **+** and entering the glucose range and bolus amount (see step 2). Deleting rows is also possible, by selecting a row and then tapping delete.

6 Tap **Save** on the top right corner.

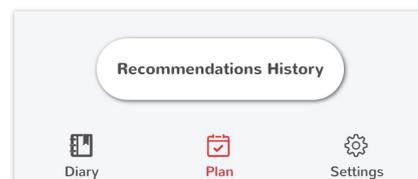
7 To modify the plan in another time-period, tap the time period and repeat from step 2.

8 When all changes have been completed, exit the menu by tapping the left arrow.

# Recommendation History

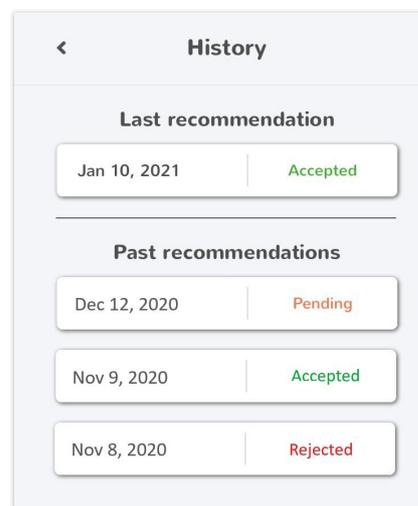
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To view the recommendations coming from your healthcare provider, tap the **Recommendations History** button under your plan. This button will appear after the healthcare provider has shared with you at least two new recommendation.



2

The most recent recommendation will appear at the top of the screen, and the past recommendations will be listed below.



3

You may tap on any recommendation to view it.